



SOS RECOVERY COMMUNITY
ORGANIZATION

RICH

recovery - inclusion - community - harm reduction

CONFERENCE



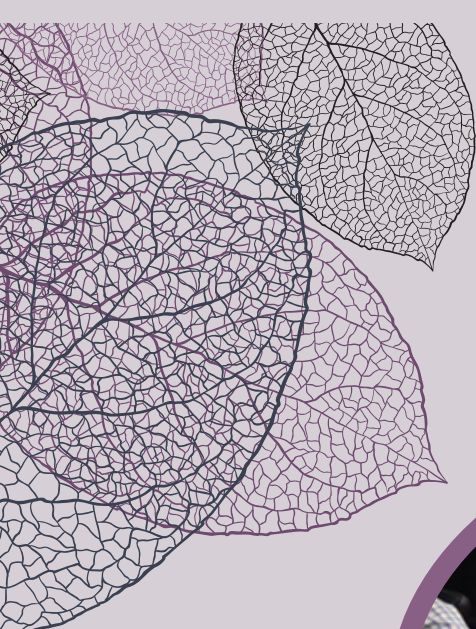
The Northeast's Premier Peer Recovery
and Harm Reduction Conference

April 9th and 10th, 2024
Sheraton Harborside Hotel
Portsmouth, NH



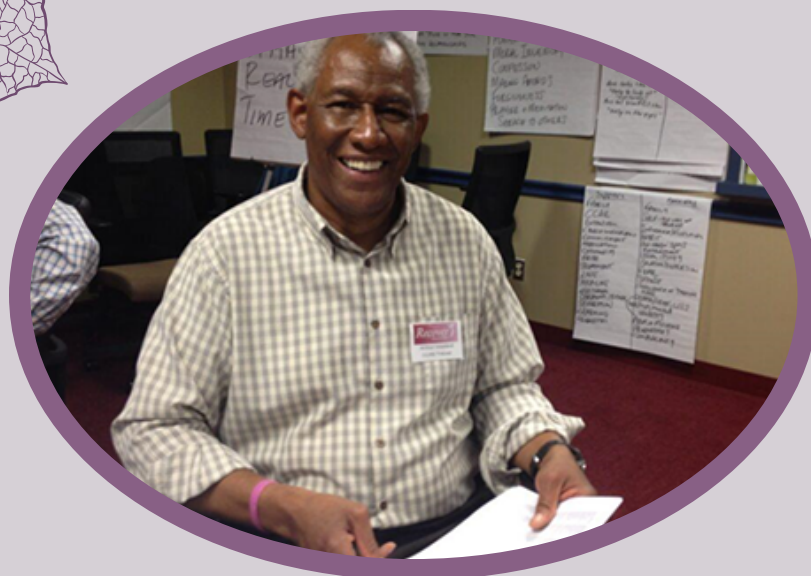
NEW HAMPSHIRE CHARITABLE FOUNDATION

This conference is supported by a
grant from the New Hampshire
Charitable Foundation.



The Art Woodard Award

for outstanding contributions to diversity, equity,
and inclusion in the recovery community



The Art Woodard Award for Diversity, Equity and Inclusion in the Recovery Community is given annually at our conference in honor of our dear friend Arthur Woodard. Art Woodard spent decades as a black man in a recovery community where he struggled to fit in with people who didn't look like him initially. Art found his recovery in that community and in giving back to it he had a magical ability to invite and welcome people into difficult conversations about race and build educational opportunity within our community. When we built our "Art & Science of Peer-Assisted Recovery" his contributions were so inspiring, with his permission we used one of his trademark teaching points around the "Art and Science of Peer-Assisted Recovery" that he would regularly talk about with eloquence. Art gave us permission before he passed away to have the name of that curriculum trademarked. That curriculum has now been taught to over 300 peers in six different states as far away as Oregon since October of 2019. His projects with his best-friend, Jim Wuelfing, on race, diversity, equity, power and privilege titled "Racism of the Well-Intended" have been screened, shown and taught to thousands in the recovery community across the United States. Art left us a gift in his legacy in the community that we can all cherish. It is one that encourages us to keep leaning into discomfort, keep challenging systems and structures around us that are predominantly controlled by white cis-gender power structures, keep pushing forward not just as allies but advocating as anti-racist and most of all, to do this work with love and compassion and to welcome our allies as well as those we don't agree with into these conversation and discussions. This award recognizes that and we hope to honor him by awarding this to one individual each year who contributes to our recovery community in a manner that is consistent with these principles and values.

THANK
YOU!



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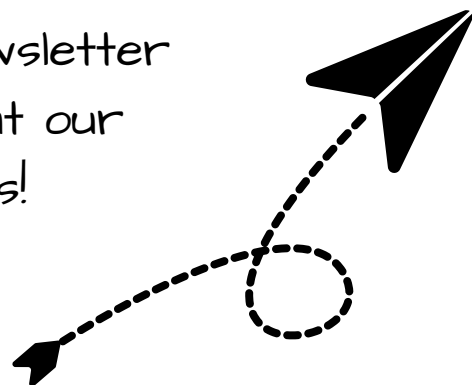
RECOVERY COMMUNITY ORGANIZATION

newsletter



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The background of the top half of the flyer features two photographs. On the left, a close-up of a woman with dark hair and a nose piercing, smiling warmly. On the right, a woman with long brown hair looking down at a baby she is holding. The text is overlaid on these images with a diagonal design element.

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Harbor Care

DAY ONE: Tuesday, April 9th

**Continental Breakfast
Exhibitor Spaces Open
7:45 AM - 8:45 AM**

**Conference Opening
8:45 AM - 9:45 AM
Location: Grand Ballroom
Speakers: John Burns &
Brittney Pelletier**

**Liz Evans: "The History,
Research and Impact of Safe
Injection and Overdose
Prevention Sites in North
America"
9:15 AM - 10:30 AM
Location: Grand Ballroom**

**Coffee Break: Exhibitor Space
Open
10:30 AM - 11:00 AM**

**Breakout 1A: Raagini Jawa,
Ph.D.: "Opportunities for harm
reduction approaches in
healthcare"
11:00 AM - 12:00 PM
Location: Grand Ballroom**

**Lunch
12:15 PM - 1:30 PM**

**Angel Simone
Recovering Safe Spaces
1:30 PM - 2:45 PM
Location: Grand Ballroom**

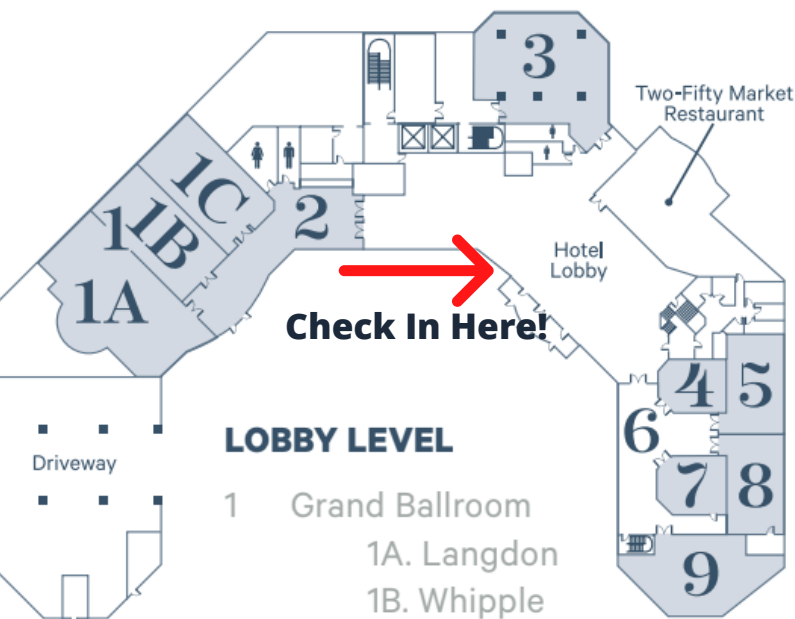
**Afternoon Break:
Exhibitor Spaces open
2:45 PM - 3:15 PM**

**Breakout 1A: Jess Tilley:
"Hiring and Employing People
Who Use Drugs (PWUD) in
Harm Reduction Agencies"
3:15 PM - 4:15 PM
Location: Grand Ballroom**

**Breakout 1B: "We Are Here":
Addressing Language and
Communication Access
Barriers in Behavioral Health"
3:15 PM - 4:15 PM
Location: Amphitheater
Breakout Room**

CLOSING: 4:15 PM - 4:30 PM

Sheraton Harborside Hotel Floor Plan



LOBBY LEVEL

- 1 Grand Ballroom
 - 1A. Langdon
 - 1B. Whipple
 - 1C. Roberts
- 2 Ballroom Lobby
- 3 Harbor's Edge Room
- 4 Thaxter Room
- 5 Gardner Room
- 6 Conference Lobby
- 7 Wentworth Room
- 8 Lear Room
- 9 Amphitheater

1) Grand Ballroom- All Keynote Speakers & Lunches

1) Grand Ballroom- Breakout 1A, 2A

2) Ballroom Lobby- Continental Breakfasts

3) Harbors Edge Room - Breakout 3C

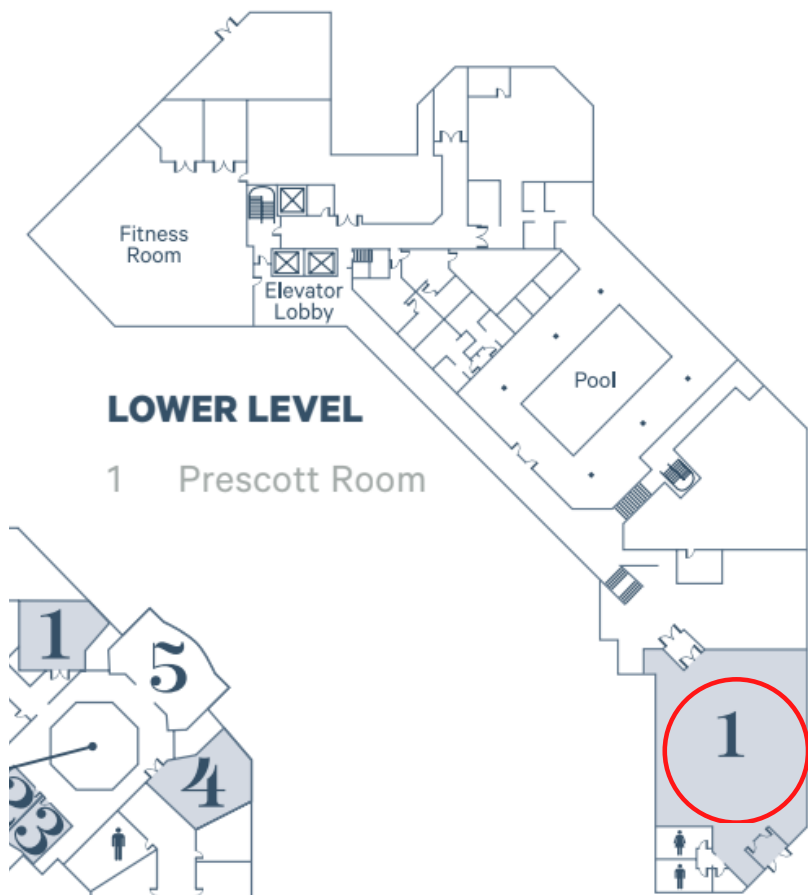
4, 5, 7, 8 - Standard Exhibitor Booths

6) Conference Lobby- Premier Exhibitors

9) Amphitheater - Breakout 1B, 2B, 3B

DOWNSTAIRS LOWER LEVEL

1 Prescott Room- Breakout 3A & 2C



LOWER LEVEL

- 1 Prescott Room

DAY TWO: Wednesday, April 10th

Continental Breakfast

Exhibitor space open

8:00 AM - 9:00 AM

Conference Opening

8:30 AM - 9:00 AM

Location: Grand Ballroom

Speakers: Maggie Padgett & Brittney Pelletier

Dee-Dee Stout: Recovery Without Abstinence

9:00 AM - 10:15 AM

Location: Grand Ballroom

Coffee Break

10:15 AM - 10:45 AM

Breakout 2A:

Safer Supply 101

10:45 AM - 12:00 PM

Location: Grand Ballroom

Speaker: Courtney Dollar

Breakout 2B: The Elephant in the Room: Addressing Alcohol and Drug Concerns of UNH Students

10:45 PM - 12:00 PM

Location: Amphitheater

Speakers: Heidi Cloutier, Rachel Pischke

Breakout 2C: Sharing our Recovery Stories

10:45 PM - 12:00 PM

Location: Prescott Room(Downstairs)

Speakers: Joshua Colwell, Marguerite Corvini, Sandi Coyle

Lunch

Exhibitor spaces open

12:00 PM - 1:30 PM

Topic: Breaking barriers in peer-based harm reduction and recovery support services.

1:45 PM - 2:45 PM

Location: Ballroom

Speakers: Mark Jenkins

Day 2 Afternoon Break

(refreshments and exhibitor networking)

2:45 PM - 3:15 PM

Breakout 3A: Building infrastructure and expanding peer recovery supports in NH

3:15 pm to 4:30 pm

Location: Prescott Room (Downstairs)

Speaker: Cheryle Pacapelli, Michelle Lennon

Breakout 3B: Injection Alternatives in Harm Reduction

3:15 pm to 4:30 pm

Location: Amphitheater

Speaker: Jim Duffy

Breakout 3C: Safer Sex Work

3:15 pm to 4:30 pm

Location: Harbors Edge Room

Speakers: Courtney Dollar, Jess Tilley

Closing

4:15 PM - 4:30 PM

Keynote Speaker:

Liz Evans

Liz has dedicated her career to working on behalf of marginalized individuals living in poverty and struggling with drug use and has had over 30 years of frontline experience. Her educational background includes a Nursing degree and a Masters in Adult Education.



As a former Open Society Foundation Fellow, and founder of the PHS Community Services Society, Liz has been instrumental in introducing housing first and harm reduction policies in Canada and was part of the visionary team that established North America's first legally sanctioned injection site in 2003.

More recently in New York, her tenure as Executive Director saw two renowned harm reduction organizations pioneer a drug users health hub, expand mobile outreach services, and significantly expand overdose prevention services while forming OnPoint NYC.

Presently, Liz is working as the Senior Director of Harm Reduction at Liberation Programs to advance harm reduction approaches and services for individuals at risk of overdose in Connecticut, in addition to working as a consultant.

Topic: The History, Research and Impact of Safe Injection and Overdose Prevention Sites in North America

Liz will present the story of opening the first legally sanctioned injection site in North America as a key strategy for shifting the model of care to people who inject drugs across Canada and now in the US. She will present the history, the public education strategies, and the four-pillar framework used to introduce and eventually successfully open the model. She will present the key research findings upon its opening and briefly describe its operating model and how this led to the eventual establishment of over 40 different sites where people can legally consume drugs in Canada where overdose interventions take place on a regular basis.

Day 1, 9:15 am - 10:30 am
Grand Ballroom

Keynote Speaker:

Raagini Jawa, Ph.D.



Dr. Raagini Jawa is an Assistant Professor and Clinician Investigator in the Center for Research on Health Care, Department of General Internal Medicine at University of Pittsburgh Medical Center. She is board certified in Internal Medicine and Infectious Disease and Addiction Medicine. Dr. Jawa's research interests focus on the intersection of Infectious Disease and Addiction, including studying how to optimize integration of harm reduction services for individuals with substance use disorders within traditional health settings, developing multidisciplinary provider facing interventions to prevent infectious and non-infectious complications of drug use. Clinically, she provides office-based addiction treatment in IM Recovery Engagement Program and attends the Endovascular Infection Service at UPMC.

**Topic: Opportunities for Harm Reduction
Approaches in Healthcare**

Day 1, 11:00 am - 12:00 am
Grand Ballroom

Third Horizon Strategies is proud to support the R.I.C.H Conference and the SOS Recovery Community Organization.

We applaud your dedication to supporting all individuals, families, and communities affected by substance use disorder by providing peer-based solutions and advocacy to reduce harm and support recovery.



Third Horizon Strategies is a boutique advisory firm focused on shaping a future system that actualizes a sustainable culture of health nationwide. The firm offers a 360° view of complex challenges across three horizons – past, present, and future – to help industry leaders and policymakers interpret signals and trends; design integrated systems; and enact changes so that all communities, families, and individuals can thrive.

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**PISCATAQUA
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Keynote Speaker:

Angel Simone (she/they)

As a person with a marginalized identity, Angel Simone is dedicated to creating spaces where people from diverse backgrounds and experiences can come together to foster meaningful connections.

As a speaker, trainer & coach, she has a passion for empowering others to discover their unique potential and becoming the next best version of themselves.

Angel is a certified DEI consultant and enjoys conversations on identity & belonging, inclusive leadership, and how to build more inclusive spaces where more of us can feel welcomed, valued, respected, and heard.

Angel has captivated audiences as a TEDx speaker, keynote speaker and podcast guest. Angel has corporate training experience in both non-profit and for-profit sectors. She currently volunteers on the advisory board of Elephant in the Room for New Hampshire Theatre Project.

Originally from Liverpool, England, Angel now lives in Portsmouth with her children. She holds her Masters in Engineering.



Topic: Recovering Safe Spaces

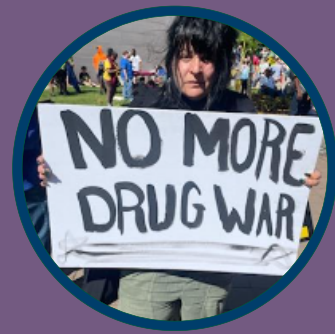
Discussing how the journey to recovery is impacted by how safe and welcoming our recovery spaces, services & provides are. We will look at questions such as:

- Does a person need to feel a sense of belonging before they can effectively walk a path of recovery?
- What does a safe peer-based space look like?
- How are marginalized communities perceived & received in recovery spaces?
- How can organizations continue to foster community and belonging in our recovery spaces?

Day 1, 1:30 pm - 2:45 pm
Grand Ballroom

Breakout 1A:

Hiring and Employing People Who Use Drugs (PWUD) in Harm Reduction Agencies



Jess will introduce the importance of hiring people who use drugs as an effective model in delivering peer-based harm reduction programs and services.

Day 1, 3:15-4:15 Grand Ballroom

Speaker: Jess Tilley

Breakout 1B:

We Are Here: Addressing Language and Communication Access Barriers in Behavioral Health

Youth from marginalized populations have greater need for behavioral health services, but face barriers accessing care like lack of communication for linguistic minorities. Implicit biases and cultural stigma affect service quality. Efforts with the NH Behavioral Health Equity Work Group aim to reduce stigma and improve access to mental health services. The group collaborates with the community to enhance services for diverse populations, focusing on culturally and linguistically appropriate care.

Speakers:

Eva Castillo
Immigrant Advocate

NH Alliance for
Immigrants and
Refugees/ Welcoming
NH

Heidi Cloutier
Co-Director of Training

Children's Behavioral Health
Team, University of New
Hampshire (UNH) Institute on
Disability (IOD)

Day 1, 3:15-4:15 Amphitheater



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IT TAKES A VILLAGE

We are so grateful to all the people who gather every day to support people in recovery. Together with *SOS Recovery Community Organization*, we are comitted to increasing emapthy, reducing stigma, and connecting Associates and their families to resources. We look forward to learning from you and continuing to help other businesses on this journey.

Learn more at hyperthermhopefoundation.org



Keynote Speaker:

Dee-Dee Stout

Dee-Dee Stout has undergraduate degrees in Business Management, Psychology & Human Sexuality from San Francisco State University (SFSU) where she also earned her Special Major Master's degree in Health Counseling. Dee-Dee is a member of the international Motivational Interviewing Network of Trainers (MINT), having received her training in MI in 2000 in part from the developer, William R. Miller, PhD. She is also a founding member of the California Association of Harm Reduction Therapists (CAHRT;



www.harmreductiontherapy.com). Dee-Dee is certified in Brainspotting, TFT, iRest, and has received specialized training and/or certification in more than 15 other approaches related to behavior change. Previously, she earned numerous designations in addiction work: LAADAC, CADAC-II, MAC, and Gorski's Relapse Prevention Specialist among others. Dee-Dee chose to not renew those specialty accreditations a decade ago due mainly to their negative stance on harm reduction and few if any options to 12-Step.

Dee-Dee has worked in drug treatment for nearly 40 years. As well as maintaining a private practice (which she's had for more than 30 years) working with individuals, couples, and families, she regularly trains other behavioral health professionals in evidence-based, client-centered approaches and outcome-informed work. As someone with a long history of addiction, traditional recovery, chronic pain, & numerous (mostly incorrect) psychiatric diagnoses including PTSD, Dee-Dee has recently added "autistic" to her descriptions. What happens next, Dee-Dee continues to advocate for people who use drugs & their families and chronic pain patients with her wicked sense of humor.

Dee-Dee is currently Adjunct Associate Professor at St. Mary's College in Moraga, CA, in the Graduate Counseling Psychology department. Teaching college for more than 30 years at several Bay Area colleges and universities has been a calling for Dee-Dee. She has also made many public appearances as an invited speaker at conferences (including internationally) and been interviewed on television, radio, in film, podcasts, & print, discussing treatment, harm reduction, trauma-informed care, family coaching, and more. Dee-Dee has also contributed to various best-selling books on addiction as well as to scholarly papers on treatment issues including trauma.

Finally, Dee-Dee's ground-breaking book, "Coming to Harm Reduction Kicking & Screaming: Looking for Harm Reduction in a 12-Step World," is widely available and has received numerous positive reviews. Currently, she is working on a second edition of her original book with the writer, Joe Clifford, (author of "Junkie Love") due to be released in late Spring/early Summer 2024.

Topic: Recovery Without Abstinence

Day 2, 9:00 am - 10:15 am

Grand Ballroom

Breakout 2A: Safer Supply 101

People who use drugs need more options beyond OAT to avoid reliance on the unregulated and unpredictable drug supply. Safer supply programs provide pharmaceutical-grade medications and beverage-grade alcohol to help prevent overdoses and save lives. We will discuss different models of safer supply and share the experience of working at a Managed Alcohol Program.



Day 2, 10:45 am - 12:00 pm
Grand Ballroom

Speakers: Courtney Dollar
Acting Deputy Director
Connecticut Harm Reduction Alliance

Breakout 2B: The Elephant in the Room: Addressing Alcohol and Drug Concerns of UNH Students

We will share data from the student engagement activity “Can we talk about the elephant in the room?” that was facilitated on the UNH Durham and UNH Manchester campuses in the spring and fall of 2023 about student alcohol and other drug use on campus, what students said are some of the barriers to recovery and reasons they are using alcohol and other drugs, how this data is being used to partner with young people in recovery to provide harm reduction education, and create more recovery friendly environments. We will share lessons learned, and facilitate a discussion on how others can incorporate Peer Recovery Supports for youth and young adults to foster recovery capital and promote positive communities for all.

Speakers: Rachel Pischke
MSW Student UNH

Heidi Cloutier
Co-Director of Training
Children’s Behavioral
Health Team, University of
New Hampshire (UNH)
Institute on Disability (IOD)

Day 2, 10:45 am - 12:00 pm
Amphitheater

Breakout 2C: Sharing our Recovery Stories

We will explore recent research around sharing stories of recovery. Understanding the impact of those stories on both those it's being shared with and those sharing it. The positive impact and the pitfalls that can occur will be explored.

Speakers: Joshua Colwell
Sandi Coyle
Marguerite Corvini, Ph.D.

Day 2, 10:45 am - 12:00 pm
Prescott Room (downstairs)



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IN PERSON

LIVE STREAM

ON DEMAND





Keynote Speaker:

Mark Jenkins

Mark Jenkins, a service-connected disabled Veteran of the United States Air Force and Founder / CEO of the Connecticut Harm Reduction Alliance and Executive Director of Reduce Harm Inc. has worked in the field of Harm Reduction and Public Health for the past 27 years, delivering innovative prevention/interventions to the most vulnerable members of central Connecticut communities.

Mr. Jenkins started in the field as an AIDS Risk Reduction Outreach Worker (ARROW) for the Perception programs in Willimantic. In his subsequent work with Community Renewal Team (CRT) and the Hispanic Health Council, he further cultivated progressive strategies for reaching and delivering services to our most difficult-to-reach populations.

Mr. Jenkins's work in some of the most troubled neighborhoods in the state has given him a unique perspective of the history of drug trends, the dynamics of associated risks, and effective public health responses. Over a decade on the Staff at AIDS Project Hartford as a Drug Treatment Advocate providing HIV/HCV counseling and testing, syringe exchange, and other harm reduction services, Mr. Jenkins developed a service network of providers that continues to benefit both client and staff of the various providers alike. The breadth and depth of his connection with folks on the street and the service community has made Mark a well-respected and widely known individual in this field. He has presented nationally and internationally about best practices for working with the drug using community.

Topic: Breaking barriers in peer-based harm reduction and recovery support services

As a nationally recognized harm reductionist with lived experience in recovery Mark will discuss the barriers and challenges we face in breaking down barriers between the harm reduction and recovery communities. He will discuss opportunities for our communities to strengthen our work and challenges with the co-opting of peer-based services that continue to harm our work. This session will engage our audience for a larger interactive discussion to sort out some of the tensions, challenges, barriers and opportunities as we work towards a world where compassion and love for our communities can bring us all together.

Day 2, 1:45 pm - 2:45 pm
Grand Ballroom

Breakout 3A:

Building Infrastructure and expanding peer recovery supports in NH

Cheryle Pacapelli and Michelle Lennon will present on the infrastructure and development of the funding and facilitating of Recovery Community Organizations in NH. Successes, challenges and sustainability will be explored and discussed

Day 2, 3:15 pm - 4:15 pm
Prescott Room (downstairs)

Speakers: Cheryle Pacapelli
Michelle Lennon

Breakout 3B:

Injection Alternatives in Harm Reduction

Learn how integrating pipes into harm reduction is integral to HIV/HCV prevention, and how we can incorporate resources for stimulant use into a world traditionally focused only on injection.

Familiarize yourself with the practical implementation of pipes for a robust understanding of the challenges facing people who use drugs
Learn what intervention points are appropriate for discussing injection alternatives in a harm reduction, medical, recovery, or peer role.

Day 2, 3:15 pm - 4:15 pm
Amphitheater

Speakers: Jim Duffy
Founder and Director
Smoke Works

Breakout Session 3C:

Safer Sex Work

Day 2, 3:15 pm - 4:15 pm
Harbor's Edge Room

Speakers: Courtney Dollar
Acting Deputy Director
Connecticut Harm
Reduction Alliance

Jess Tilley
Executive Director
New England Users
Union



The New England Addiction Technology Transfer Center is part of a national network consisting of 10 regional centers, 4 national focus areas and a coordinating office that provide services to all US states and territories. As a multidisciplinary resource for professionals in the substance use disorders treatment and recovery support services field, the ATTC Network serves to:

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- Change practice by incorporating these new skills into everyday use for the purpose of improving addiction treatment and recovery outcomes.

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New England (HHS Region 1)

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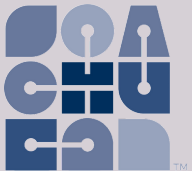
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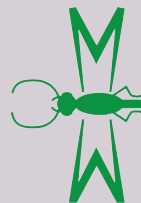
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